

## **FIRE SEASON GO-KIT**

**Tailored for: Ambulatory Challenged Evacuation of HPMA -  
To N Harstine Island Spit or as designated by fire  
department or law enforcement.**

### **Back-pack Kit Contents - kept near home exit**

- Kit should be less than 10% of body weight perhaps 10-15 pounds
- Prescription & OVC Meds - in original containers, w pharmacy labels
- N-95 or washable cloth masks [in ziplock] at least 2/person for smoke on beach, virus in shelters & during evacuation & transport
- Drivers License: ID &/or Passport
- Medical insurance ID cards
- Cash & credit cards
- Keys: Car, home & safe deposit
- Whistle & key chain LED light & headlamp [spare batteries]
- Phone w car & wall chargers & cords
  - Small portable charger brick /cords for phone recharge
  - Pictures on phone w cloud backup
    - Family & pets for S&R ID
    - Home & contents for post fire recovery
  - Password manager App on phone: BitWarden, LastPass, Keeper
- Space blanket for wind & rain protection
- Snack bars - avoid chocolate contents that will melt
- Water container w at least 1 qt of water = 2 pounds
- Lighter / matches &/or fire-starter
- Multi-tool or pocket knife w can opener
- Hand sanitizer, TP & Hygiene Supplies
- Sun Cream

**Documents - keep paper copy off-site, in safe deposit, or with out-of-area relative - consider putting small family treasures, pictures, mementos, in safe-deposit during fire season.**

- All documents can be scanned to phone/USB Memory Stick
- Consider laminating condensed version of medical problems, meds, doctor & family contacts. - Perhaps Notes from last Dr visit.
- Medical History - Meds, Allergies, Health Problems - Electronic Medical record printout from last doctor's visit might work to summarize above.
- Medical contacts: Doctors, Labs, Pharmacy
- Family contacts
- Insurance Copy: Home, Auto, Life, Health insurance
- Check book & Bank & Retirement / Investment accounts
- Will, Titles, Deeds, Trusts
- Power of attorney for finances/healthcare
- Electronic Password Manager: Keeper, BitWarden, Last Pass
- Pencil & small notebook w passwords if unable to do encrypted electronic password manager on phone

**Minimal Car Kit Duffle OPTION 1 for Summer Fire season**

- Bucket to get fresh drinking water at lagoon launch ramp
- Wool blanket, use dry for warmth or wet to shield from smoke & heat
- Closed cell sleeping pad 3/8 to 1/2 " by 6' long x 24-30" wide
- 2 Large contractor garbage bags/person for emergency shelter or to keep gear dry
- Extra no-cook foods, that can tolerate 1-2 months of heat in car
- Water 1 gallon minimum
- Spare clothing - sweater, rain-wind shell, work gloves
- Vehicle First-Aid kit including CAT Tourniquet & compression dressing
- 2 to 3 Handkerchiefs for: Bleeding, bandaging, face-masks.
- Optional - 8'x10' Tarp for larger, more durable shelter

**Car Kit Duffle OPTION 2: More complete Earthquake /Other Disaster Prep Kit see HPMA website for contents**

- [https://www.hpma.org/editor\\_upload/File/Emergency/PDFs/Work-School-and-Car-Kits-and-Vehicle-Prep.pdf](https://www.hpma.org/editor_upload/File/Emergency/PDFs/Work-School-and-Car-Kits-and-Vehicle-Prep.pdf)
- <https://www.hpma.org/info.php?pnum=9591fb27117939>
- <https://mil.wa.gov/asset/5ba420d2722d2>

**Clothing [worn] for season [no shorts] light wool base layer top is ok in summer.**

- Spare clothing - hat
- Foot wear for season
- Eyewear and restraining tether

**Not everyone will be able to collect all of the gear listed above. Just begin to put the gear in a light weight day pack and a car-kit duffle, specific for fire related evacuation from HPMA**

PDF filed under HPMA DPREP>HANDOUTS-JHS